

FAMILY CORE VALUE

FINDING YOUR FAMILY CORE VALUES

From the list below, circle 10-35 core values that most resonate with you. Don't try to over-think this. Have some fun with the process. If you come up with other words that suit your family better, please use them.

Abundance	Empathy	Intuition	Responsibility
Acceptance	Encourage	Joy	Responsiveness
Accountability	Endurance	Justice	Restoration
Achievement	Energize	Kindness	Restraint
Adventure	Enthusiasm	Knowledge	Risk Taking
Ambition	Equality	Leadership	Safety
Appreciation	Ethics	Learning	Satisfaction
Assertiveness	Etiquette	Love	Security
Attractiveness	Excellence	Loyalty	Self-Awareness
Autonomy	Expressiveness	Making a Difference	Self-Control
Awareness	Fairness	Manners	Self-Discipline
Balance	Faith	Mercy	Self-Respect
Beauty	Family	Mindfulness	Selflessness
Boldness	Flexibility	Moderation	Sensitive
Brilliance	Focus	Modesty	Serve
Calmness	Foresight	Morality	Sharing
Caring	Forgiveness	Motivation	Simplicity
Challenge	Fortitude	Nonviolence	Sincerity
Charity	Freedom	Nurture	Spirituality
Cheerfulness	Friendships	Obedience	Stability
Cleanliness	Fun	Open-Mindedness	Strength
Cleverness	Generosity	Openness	Success
Commitment	Gentleness	Optimism	Support
Community	Giving	Originality	Sympathy
Compassion	Goodness	Passion	Teachable
Confidence	Grace	Patience	Teamwork
Connected	Growth	Peace	Tenacity
Consciousness	Happiness	Perfection	Thankfulness
Consistency	Health	Performance	Thoughtfulness
Cooperation	Helpfulness	Perseverance	Thrill
Courage	Honesty	Personal Development	Touch
Courtesy	Honor	Plan	Tradition
Creativity	Hope	Playfulness	Trust
Curiosity	Hospitality	Pleasure	Truth
Daring	Humility	Potential	Understanding
Decisiveness	Humor	Power	Uniqueness
Dedication	Imagination	Preparedness	United
Dependability	Impact	Proactive	Uplifting
Determination	Inclusiveness	Professionalism	Usefulness
Dignity	Independence	Punctuality	Versatility
Diligence	Individuality	Purpose	Vision
Discernment	Influence	Recognition	Warmth
Discipline	Innocence	Relationships	Wealth
Discover	Innovation	Reliability	Well-Being
Diversity	Inspiration	Resilience	Wholeness
Education	Integrity	Resourcefulness	Wisdom
Effort	Intelligence	Respect	Zeal

**Your beliefs become your thoughts. Your thoughts become your words. Your words become your actions.
Your actions become your habits. Your habits become your values. Your values become your destiny.**

Mahatma Gandhi